



## COVID-19 Protocol

### General Protocol

This is not intended to be an all-inclusive directive as each individual we support may have other unique circumstances or institute additional protocols. CHOICCESS will continue to monitor guidelines provided by Los Angeles County and the Center for Disease Control.

The following is standard protocol when providing direct support:

- Practice frequent hand washing at all times. If soap and water are not readily available, you can use alcohol-based hand sanitizer that contains at least 60% alcohol.  
<https://www.cdc.gov/handwashing/when-how-handwashing.html>
- Maintain social distance of 6 feet whenever possible.
- Face coverings and other available PPE such as face shields are required at the minimum when in the same room or out in the community. Gloves are required when providing personal assistance but are not a substitute for hand washing hygiene.
- Surfaces should be sanitized regularly with EPA approved cleaners. You can check to see if a product is approved at: [epa.gov/listn](http://epa.gov/listn)

### Exposure or Symptom Protocol

The following is protocol if a CHOICCESS client is exposed to someone who has tested positive for COVID-19 or is showing symptoms:

- Individual should self-isolate in their rooms to the extent possible. In some situations, CHOICCESS may temporarily discontinue in person services and provide remote support.
- Institute using additional PPE such as disposable gowns and face shields.
- Notify any parties necessary (family, service coordinator, staff, etc.)
- Assist in scheduling a COVID test.
- Reduce the number of staff if possible.
- Client should wear face covering and/or face shield if possible.
- Notify primary care physician .
- Seek medical advice before rushing to outpatient or hospital .

Please follow the CDC guidelines on how to keep yourself and other safe

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

CHOICCESS has distributed PPE to employees and individuals receiving services. If you have any questions regarding specific COVID-19 related matters, please contact our office at 626-359-3300 or your Coordinator directly.

